

A ROAD MAP TO Accessing School-based Mental Health Services

START

District or school adopts the **Pivot to Prevention** framework **S1**, accesses tools, and begins implementation:

- Assesses existing mental health resources and gaps **S2 S3**
- Establishes or identifies a school-based referral team **T1**
- Partners with a mental health clinician from the community **S4 S5**

1



SEE

Parent, teacher, or other staff notices a student struggling or a behavioral health screening identifies a need for help. **S7**

2



SAY

That person talks to a referral team member and refers the student for help. **S8**

3



ASSESS

Team reviews what data they have on the student's needs and determines the best fit for that student with the available services. **T2**

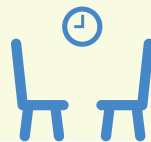
6



MEET

Clinician holds the intake session with the student and their family to discuss their needs and establish an initial treatment plan.

5



COORDINATE

Team refers student to the independent mental health clinician who schedules an intake session at the school. **S5 S8**

4



CONTACT

Team reaches out to the family about the referral, offers option of school-based mental health services, and gets approval. **F1 T5 F2**

7



FUND

The clinician independently handles the financing by helping the family access Medicaid if needed then billing family's insurance or Medicaid directly. **S1**

8



TREAT

Clinician provides evidence-based therapeutic treatment to student over a series of sessions at the school.

COMMUNICATION

With family permission, clinician regularly updates school's referral team on the student's progress. **T3**

CHOICE

At any time, the student or family can end sessions, select a different clinician for a better fit, or add other available services.

END

Treatment goals are achieved and student is discharged or connected up with other services.

